



BEYOND TREATMENT

RECOVERY SUPPORT SERVICES

COACHING, CONSULTATION & NAVIGATION

MEET FAY ZENOFF - RECOVERY COACHING FOR LASTING CHANGE

FAY ZENOFF is a nationally respected **recovery wellness strategist, addiction recovery advocate,** and **certified professional life coach** who has been helping people thrive in recovery for over a decade. Fay offers a refreshingly accessible, structured, and adaptable approach to integrating recovery into all facets of life.

Fay works with individuals, families, and groups, to help clients (re)build vibrant, healthy, fulfilling lives in recovery. She provides a comprehensive framework, guidance, resources, and accountability so that clients can more skillfully navigate life's inevitable challenges, as they cultivate resilience, diminish shame, heal relationships, and build momentum towards achieving their desired goals.

Fay utilizes evidence-based strategies, proven wellness practices, and draws from her own recovery experiences to inspire, support, and empower clients to envision and chart a path towards living their best lives.

SCHEDULE A FREE 20-MINUTE CONFIDENTIAL CONSULTATION WITH FAY: FZENOFF@ME.COM

RECOVERY SERVICES

Recovery/Sober Coaching
Recovery Care Coordination
Sober Companionship
SoberLink Report Monitoring
Personal Recovery Wellness Assessment
Family Intervention Consultation
Treatment Placement Navigation
Workplace Recovery Wellness Consultation
Workshop Facilitation
Event Speaker, Panelist, Educator